

NURS 320 Health Assessment and Promotion Across the Life Span

Credit Hours: 3 HRS

Scheduled hours per week:

Lecture: 3 HRS

Lab:

Other: Field experiences outside of classroom include comprehensive health assessment/promotion x2. Each activity is anticipated to last 1 hour each.

Catalog Course Description: The focus of this course is on health promotion across the lifespan. Concepts, theories, and current research are explored in relation to health promotion, health behaviors, and behavioral change.

Prerequisites: Admission into the RN-to-BSN Program or be in the last year of Associate Degree Nursing program with instructor permission.

Co-requisites: None

Course Learning Outcomes:

Human Flourishing: Incorporate the knowledge and skills learned to help patients, families, and communities continually progress toward fulfillment of human capacities.

1. Explore the modifications necessary to conduct an accurate holistic health assessment of patients across the life span. (Holism)
2. Evaluate the use of communication techniques and the development of the therapeutic relationship in the enhancement of holistic health assessment. (Integrity)

Nursing Judgment: Make judgments in practice, substantiated with evidence, which synthesizes nursing science and knowledge, from other disciplines in the provision of safe, quality care and the promotion of the health of clients and the community.

3. Discuss the role of the nurse in assessing the patient's health from the holistic perspective across the life span. (Caring, Patient-Centeredness)

Professional Identity: Expresses one's identity as a nurse through actions that reflect integrity, a commitment to evidence-based practice, caring, advocacy, and safe quality care for diverse clients and their communities, and willingness to provide leadership in improving care.

4. Understand and incorporate the multiple influences of culture, ethnicity, age, and gender in holistic health assessment across the life span. (Diversity, Ethics)

Spirit of Inquiry: Act as a scholar who contributes to the development of the science of nursing practice by identifying questions in need of study, analyzing published research, and using available evidence as a foundation to propose creative, innovative, or evidence-based solutions to clinical practice problems.

5. Recognize critical thinking strategies to differentiate abnormal from normal findings and determine possible implications for providing evidence-based care. (Excellence)

Topics to be studied:

Unit I	General survey and special assessment techniques
Unit II	Interviewing and health history
Unit III	Cultural, age, and gender considerations
Unit IV	Physical examination Part I
Unit V	Physical examination Part II
Unit VI	Physical examination Part III
Unit VII	Comprehensive physical examination with emphasis on adult & older adult
Unit VIII	Pain assessment

Relationship of course to program outcomes:

The goals of nursing education for the RN-to-BSN program can be summarized in four broad program outcomes. Nurses must use their skills and knowledge to enhance **human flourishing** for their patients, their communities, and themselves. They should show sound **nursing judgment**, and should continually develop their **professional identity**. Finally, nurses must approach all issues and problems in a **spirit of inquiry**. All essential program-specific core nursing practice competencies and course outcomes are assumed within these four general aims (NLN, p. 9).

Program Learning Outcomes:	Course SLO
Human Flourishing: Incorporate the knowledge and skills learned to help patients, families, and communities continually progress toward fulfillment of human capacities.	SLO 1 and 2
Nursing Judgment: Make judgments in practice, substantiated with evidence, which synthesizes nursing science and knowledge from other disciplines in the provision of safe, quality care and the promotion of the health of clients and the community.	SLO 3
Professional Identity: Express one's identity as a nurse through actions that reflect integrity, a commitment to evidence-based practice, caring, advocacy, and safe quality care for diverse clients and their communities, and willingness to provide leadership in improving care.	SLO 4
Spirit of Inquiry: Act as a scholar who contributes to the development of the science of nursing practice by identifying questions in need of study, analyzing published research, and using available evidence as a foundation to propose creative, innovative, or evidence-based solutions to clinical practice problems.	SLO 5

Course SLOs Assessment Methods:

- Discussion board postings
- Various written assignments
- Group assignment
- Genogram
- Comprehensive health assessment/health experiential learning
- Physical Assessment – grade of 78% required to meet course SLOs
- Quizzes
- Comprehensive final exam

Student successful performance on written assignments, discussion board, and examinations evaluated by published grading rubrics with a 78% or better will assess achievement of course outcomes.

Special requirements of the course:

- Academic Coaching
- Criminal background check
- Current Healthcare Provider CPR Certification

Additional information:

This is an asynchronous course conducted entirely online. Students will be required to access Blackboard from their respective off-campus locations. Students are expected to participate in all course activities as assigned by the instructor.

NURS 320 Health Assessment and Promotion Across the Life Span is a nursing course. Failure to pass a second nursing course will result in dismissal from the RN-to-BSN Program at West Virginia University at Parkersburg. (See Student Handbook)

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