

Course EDUC 253 Trauma Informed Practices**Credit Hours:** 3 credit hours**Scheduled hours per week**

Lecture: 3

Lab: 0

Field Experience: 0

Catalog Course Description: This course provides an overview of trauma and social emotional learning. Teacher candidates will be introduced to the effects of trauma, adverse childhood experiences, and social emotional learning. Teacher candidates will explore how trauma can affect instruction within the K-6 setting. Strategies to support positive mental health will be introduced along with self-care practices and the effects of secondary trauma.

Pre-requisites: None**Co-requisites:** None**Course Learning Outcomes (CLO):**

1. Describe CASEL's Social Emotional Learning Framework.
2. Describe the impact of Adverse Childhood Experiences (ACE's) on the K-6 student.
3. Discuss social/emotional issues that are evident in the K-6 classroom.
4. Identify the effects of toxic stress and secondary trauma.
5. Describe classroom strategies that can support positive mental health in self and K-6 students.
6. Create a plan incorporating a classroom strategy for social emotional learning.

CLO Assessment Methods: Quizzes, Written Assignments, Presentation**Topics to be studied:**

Adverse Childhood Experiences
Trauma Informed Practices
Social Emotional Learning
De-escalation techniques
Mental Health First Aid
Toxic Stress
Secondary Trauma
Self-Care
Resilience

Relationship of Course to Program Learning Outcomes (PLO) or Institutional Learning Outcomes:

EDUC 253 introduces students to trauma informed practices in the K-6 classroom.
Teacher candidates will use the pillars of *Architects of the Future* (planning, teaching

skills, interpersonal skills, decision making skills, professional commitment, and diversity), to connect the impact of trauma on K-6 students to effective trauma informed practices and the social emotional learning framework that can be used in the classroom. Self-care for educators and resiliency strategies are also addressed. All six program learning outcomes will be assessed through the culminating project, a Social Emotional Learning Plan and Presentation.

PLO Assessment Methods: Presentation

Check if approved as: ☐ Foundational Learning Course ☐ Reinforcement Learning Course

Special requirements of the course: N/A

Additional information: N/A

Prepared by: Megan McKnight, Danielle Shockey, Stephanie Stopiak

Date: 6/3/24