**West Virginia University at Parkersburg**

**SNAP-Ed Project**

2020-2021

All 50 States, the District of Columbia, the Virgin Islands, and Guam provide nutrition education and obesity prevention programs for SNAP recipients and other eligible low-income individuals. The goal of the education component of SNAP, commonly known as SNAP-Ed, is to improve the likelihood that persons eligible for SNAP will make healthy food choices within a limited budget and choose physically active lifestyles consistent with the current *Dietary Guidelines for Americans* and MyPlate.

The Healthy, Hunger-Free Kids Act of 2010 (Public Law 111-296, section 241) established SNAP-Ed as the national Nutrition Education and Obesity Prevention Grant Program. The Act calls for SNAP-Ed to include an emphasis on obesity prevention in addition to nutrition education.

Please use the form (next page) to complete the plan your school has made to use the monies awarded through the Snap-Ed Project. The funds associated with this project should reflect the guiding principles of the federal SNAP-Ed Grant which include:

1. Follow a healthy eating pattern across the lifespan at an appropriate calorie level to help achieve and maintain a healthy body weight, support nutrient adequacy, and reduce the risk of chronic disease.
2. Shift to a healthier food and beverage choices, which includes a mix of vegetables, fruits, grains, fat-free or low-fat dairy, a variety of protein foods, and healthy oils.
3. Limit added sugars as well as saturated and *trans* fats and reduce sodium intake.
4. Meet the *Physical Activity Guidelines for American Youth* which include at least 60 minutes of physical activity per day, including aerobic, muscle-strengthening, and bone-strengthening activities for children aged 3 to 17.

Please complete the proposal form and the invoice on the following pages and return them to Dr. David Lancaster at [David.lancaster@wvup.edu](mailto:David.lancaster@wvup.edu) , or Mr. Kyle Lancaster at [klancas1@wvup.edu](mailto:klancas1@wvup.edu), or Stephanie Stopiak at [sstopiak@wvup.edu](mailto:sstopiak@wvup.edu) If you have questions you can e-mail or phone any of us. Phone numbers: Dr. David Lancaster 304-424-8314, Mr. Lancaster at 304-210-5100 or Stephanie Stopiak 304-669-5669.

The completed proposal form will be reviewed and determined whether the proposal reflects the guiding principles of SNAP-Ed. You will receive a copy of your proposal form with an authorized signature, including the approved amount, when the request has been approved. Please follow the preferred purchasing procedure below to ensure accountability and for auditing purposes:

Once the proposal has been approved, WVUP will authorize payment to the payee listed on the proposal form. Payment should be received within thirty days.

Thank you for your interest in ensuring that the SNAP eligible children in our area will make healthy food choices and choose physically active lifestyles.

References

Physical Activity Guidelines for Americans Midcourse Report Subcommittee of the President’s Council on Fitness, Sports & Nutrition. Physical Activity Guidelines for Americans Midcourse Report: Strategies to Increase Physical Activity among Youth. Washington, DC: U.S. Department of Health and Human Services, 2012.

Supplemental Nutrition Assistance Program Education (SNAP-Ed) Factsheet (2016). Retrieved from <https://snaped.fns.usda.gov/snap/SNAP-Ed%20Factsheet%20_August%202016.pdf>

**West Virginia University at Parkersburg**

**SNAP-Ed Project Form**

2020-2021

|  |  |
| --- | --- |
| **School Name:** |  |
| **Person Requesting Funds:** |  |
| **Payee (if different from school named above):** |  |
| **School Address:** |  |
|  |  |
| **School Phone:** |  |
| **Administrator/Teacher Requesting Funds:** |  |
| **Email Address of Person Requesting Funds:** |  |
| **Grade:** |  |
| **Total Amount Requested:** |  |
|  |  |
| **SNAP-Ed Connection**: Please indicate the connection to the guiding principles of SNAP-Ed, either nutrition education or physical activity (see page one). | |
|  | |
| **How will your school use the funds awarded in the project?** Please include a listing and brief description of the project, activities, events, materials, and/or resources to be purchased. | |
|  | |
| Provide an itemized cost for each item requested. | |
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| **How many children will the project impact in your school? How will the impact be measured?** | |
|  | |
| **How many teachers will this project impact in your school? How will the impact be measured?** | |
|  | |
| **If teacher candidates are placed in your school, how will they be impacted by this project?** | |
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**Approved by: Approved Amount:**

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| Name | Date |  |  |

SNAP Ed

Project

Invoice

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| School Name: |  | **INVOICE** | |
| Principal: |  | INVOICE # **WVSNAP**  (DO NOT CHANGE) | |
| School Address: |  |
|  |  | DATE: |  |
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| **SEND TO:**  Bradley Wilson  WVU Parkersburg  300 Campus Drive  Parkersburg, WV 26104 | | FOR: Mini Grant  (DO NOT CHANGE) | |

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| Description: | Amount |
| Project Award (DO NOT CHANGE) |  |
| WVUP SNAP-Ed Grant FY 2019-20 (DO NOT CHANGE) |  |
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