

PSYC 350. Introduction to Counseling Psychology**Credit Hours: 3****Scheduled hours per week**

Lecture: 3 Lab: N/A Other: N/A

Catalog Course Description: An introduction to the application of psychological principles in the areas of employee selection, performance appraisal, motivation and morale, sexual harassment, leadership, decision making, team building, and general organization behavior.

Pre-requisites: PSYC 101 or PSYC 241 and 60 hours

Co-requisites: N/A

Course Learning Outcomes:

At the conclusion of Psychology 350, students should be able to:

- Apply information, techniques and strategies concerning group foundation.
- Facilitate group sessions to enhance their knowledge and develop basic group facilitation skills.
- Practice teamwork and co-facilitation.
- Demonstrate personal growth and self-awareness will be encouraged.

Topics to be studied:

- Basic group facilitation techniques
- Facilitator skills development
- Group organizational skills
- Teamwork
- Personal self-awareness

Relationship of Course to Discipline Learning Outcomes	
Compare the various research methods used by psychologists and develop the ability to construct research designs.	X
Trace the history of psychological thought leading to the development of major psychological perspectives and specialties.	X
Compare and apply the various theories of learning, memory, states of consciousness, and intelligence.	X
Identify and explain psychological disorders and associated therapies and treatment.	X
Explore current theories of gender, personality and sexuality, and their relationship to current behavior patterns.	X
Overview major constructs related to stress, motivation, attraction (love), communication, prejudice, and discrimination.	X
Identify differences between environmental, genetic, and epigenetic theories of behavior.	X
Use basic statistics for describing scores, norms for interpreting scores, and psychometric properties of scale, such as reliability and validity.	X
Encourage personal growth and self-awareness.	X
Integration of cross cultural, ethical, and gender issues related to personality development.	X

Relationship of Course to General Education Learning Outcomes:	
Composition and Rhetoric Students illustrate a fundamental understanding of the best practices of communicating in English and meet the writing standards of their college or program-based communication requirements.	X
Science & Technology Students successfully apply systematic methods of analysis to the natural and physical world, understand scientific knowledge as empirical, and refer to data as a basis for conclusions.	
Mathematics & Quantitative Skills Students effectively use quantitative techniques and the practical application of numerical, symbolic, or spatial concepts.	X
Society, Diversity, & Connections Students demonstrate understanding of and a logical ability to successfully analyze human behavior, societal and political organization, or communication.	X
Human Inquiry & the Past Students interpret historical events or philosophical perspectives by identifying patterns, applying analytical reasoning, employing methods of critical inquiry, or expanding problem-solving skills.	X
The Arts & Creativity Students successfully articulate and apply methods and principles of critical and creative inquiry to the production or analysis of works of art.	

Special requirements of the course: N/A

Additional information: N/A

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Date: 10/09/2017