

PSYC 101. Introduction to Psychology

Credit Hours: 3

Scheduled hours per week

Lecture: 3 Lab: N/A Other: N/A

Catalog Course Description: A general introduction survey course, introducing the core areas of psychology. As a behavioral science, the focus will include an eclectic study of heredity, environment and learning. Other topics surveyed will include memory, perception, motivation, human development, personality, abnormal psychology, and psychotherapies. A general overview of specific theories in psychology will be included.

Pre-requisites: N/A

Co-requisites: N/A

Course Learning Outcomes:

At the conclusion of Psychology 101, students should be able to:

- Compare the various research methods used by psychologists and develop the ability to construct research designs.
- Trace the history of psychological thought leading to the development of major psychological perspectives and specialties.
- Explain the role of biology in regard to major psychological applications.
- Explain the various states of consciousness.
- Compare and apply the various theories of learning.
- Compare current and future theories of intelligence assessment.
- Summarize human development from conception through adulthood.
- Explore current theories of gender and sexuality and their relationship to current behavior patterns.
- Compare and apply theories of personality development and personality assessment.
- Identify major constructs related to stress, motivation, attraction (love), communication, prejudice and discrimination.
- Identify and explain psychological disorders and associated therapies and treatment.

Topics to be studied:

History of Psychology

Learning

Biology and Behavior

Psychopathology

Sensation and Perception

Sexuality

Human Development

Consciousness

Intelligence and Cognition

Relationship of Course to Discipline Learning Outcomes	
Compare the various research methods used by psychologists and develop the ability to construct research designs.	X
Trace the history of psychological thought leading to the development of major psychological perspectives and specialties.	X
Compare and apply the various theories of learning, memory, states of consciousness, and intelligence.	X
Identify and explain psychological disorders and associated therapies and treatment.	X
Explore current theories of gender, personality and sexuality, and their relationship to current behavior patterns.	X
Overview major constructs related to stress, motivation, attraction (love), communication, prejudice, and discrimination.	X
Identify differences between environmental, genetic, and epigenetic theories of behavior.	X
Use basic statistics for describing scores, norms for interpreting scores, and psychometric properties of scale, such as reliability and validity.	X
Encourage personal growth and self-awareness.	X
Integration of cross cultural, ethical, and gender issues related to personality development.	X

Relationship of Course to General Education Learning Outcomes:	
Composition and Rhetoric Students illustrate a fundamental understanding of the best practices of communicating in English and meet the writing standards of their college or program-based communication requirements.	X
Science & Technology Students successfully apply systematic methods of analysis to the natural and physical world, understand scientific knowledge as empirical, and refer to data as a basis for conclusions.	X
Mathematics & Quantitative Skills Students effectively use quantitative techniques and the practical application of numerical, symbolic, or spatial concepts.	
Society, Diversity, & Connections Students demonstrate understanding of and a logical ability to successfully analyze human behavior, societal and political organization, or communication.	X
Human Inquiry & the Past Students interpret historical events or philosophical perspectives by identifying patterns, applying analytical reasoning, employing methods of critical inquiry, or expanding problem-solving skills.	
The Arts & Creativity Students successfully articulate and apply methods and principles of critical and creative inquiry to the production or analysis of works of art.	

Special requirements of the course: N/A

Additional information: N/A

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Date: 10/09/2017