

NURS 320 Health Assessment and Promotion Across the Life Span

Credit Hours: 3 HRS

Scheduled hours per week:

Lecture: 3 HRS

Lab:

Other: Field experiences outside of classroom include comprehensive health assessment/promotion x3. Each activity is anticipated to last 1 hour each.

Catalog Course Description: The focus of this course is on health promotion across the lifespan. Concepts, theories and current research are explored in relation to health promotion, health behaviors, and behavioral change.

Prerequisites: Admission into the RN-to-BSN Program or be in the last year of Associate Degree Nursing program with instructor permission.

Co-requisites: None

Course Learning Outcomes:

Human Flourishing: Incorporate the knowledge and skills learned to help patients, families, and communities continually progress toward fulfillment of human capacities.

1. Explore the modifications necessary to conduct an accurate holistic health assessment of clients across the life span. (Holism)
2. Evaluate the use of communication techniques and the development of the therapeutic relationship in the enhancement of holistic health assessment. (Integrity)

Nursing Judgment: Make judgments in practice, substantiated with evidence, which synthesizes nursing science and knowledge, from other disciplines in the provision of safe, quality care and the promotion of the health of clients and the community.

3. Discuss the role of the nurse in assessing the client's health from the holistic perspective across the life span. (Caring, Patient-Centeredness)

Professional Identity: Expresses one's identity as a nurse through actions that reflect integrity, a commitment to evidence-based practice, caring, advocacy, and safe quality care for diverse clients and their communities, and willingness to provide leadership in improving care.

4. Understand and incorporate the multiple influences of culture, ethnicity, age, and gender in holistic health assessment across the life span. (Diversity, Ethics)

Spirit of Inquiry: Act as a scholar who contributes to the development of the science of nursing practice by identifying questions in need of study, analyzing published research, and using available evidence as a foundation to propose creative, innovative, or evidence-based solutions to clinical practice problems.

5. Recognize critical thinking strategies to differentiate abnormal from normal findings and determine possible implications for providing evidence-based care. (Excellence)

Topics to be studied:

- Unit I General Survey and Special Assessment Techniques
- Unit II Physical Examination Part I
- Unit III Physical Examination Part II
- Unit IV Physical Examination Part III
- Unit V Cultural, Age and Gender Considerations
- Unit VI Interviewing and Health Assessment
- Unit VII Health Promotion with Emphasis on Elder
- Unit VIII Pain Assessment

Relationship of course to program outcomes:

The goals of nursing education for the RN-to-BSN program can be summarized in four broad program outcomes. Nurses must use their skills and knowledge to enhance **human flourishing** for their patients, their communities, and themselves. They should show sound **nursing judgment**, and should continually develop their **professional identity**. Finally, nurses must approach all issues and problems in a **spirit of inquiry**. All essential program-specific core nursing practice competencies and course outcomes are assumed within these four general aims (NLN, p. 9).

Relationship of Course to General Education Learning Outcomes:	
Composition and Rhetoric Students illustrate a fundamental understanding of the best practices of communicating in English and meet the writing standards of their college or program-based communication requirements.	X
Science & Technology Students successfully apply systematic methods of analysis to the natural and physical world, understand scientific knowledge as empirical, and refer to data as a basis for conclusions.	X
Mathematics & Quantitative Skills Students effectively use quantitative techniques and the practical application of numerical, symbolic, or spatial concepts.	X
Society, Diversity, & Connections Students demonstrate understanding of and a logical ability to successfully analyze human behavior, societal and political organization, or communication.	X
Human Inquiry & the Past Students interpret historical events or philosophical perspectives by identifying patterns, applying analytical reasoning, employing methods of critical inquiry, or expanding problem-solving skills.	X
The Arts & Creativity Students successfully articulate and apply methods and principles of critical and creative inquiry to the production or analysis of works of art.	X
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Special projects or requirements of the course:

- Weekly Discussion Board Postings
- Various written assignments
- Project based health assessment and promotion activities
- Quizzes and final exam
- Criminal Background Check
- Current Healthcare Provider CPR Certification

Student successful performance on written assignments, discussion board and examinations evaluated by published grading rubrics with a grade of 78% or better will assess achievement of course outcomes.

Additional information:

This is an asynchronous course conducted entirely online. Students will be required to access Blackboard from their respective off-campus locations. Students are expected to participate in all course activities as assigned by the instructor.

NURS 320 Health Assessment and Promotion Across the Life Span is a nursing course. Failure to pass a second nursing course will result in dismissal from the RN-to-BSN Program at West Virginia University at Parkersburg. (See Student Handbook)

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