

NURS 134 Introduction to Nursing Concepts**Credit Hours:** 8 HRS**Scheduled hours per week**

Lecture: 5 HRS

Lab: 3 HRS (9 contact hours per week)

Other:

Catalog Course Description: This foundational course is designed to introduce concepts to the beginning nursing student that will focus on maintaining health and promoting wellness throughout the lifespan. Concepts and core values basic to the foundation of nursing practice are presented. Classroom and laboratory experiences provide opportunity for understanding of the nursing process, clinical judgment and decision making.

Pre-requisites: Admission to Nursing Program**Pre-Co-requisites:** BIOL 107**Co-requisites:** NURS 132 Drug Dosage and Calculation I; NURS 133 Health Assessment and Diagnostics I**Course Learning Outcomes:**

Human Flourishing: Advocate for patients and families in ways that promote their self-determination, integrity, and ongoing growth as human beings. (Diversity, holism, patient-centeredness, caring)

1. Recognize **patient centered** care that is respectful of and receptive to individual patient preferences, needs, and values.
2. Recognize knowledge from other scientific and humanistic disciplines as it relates to the profession of nursing and the **care of diverse** individuals throughout the lifespan
3. Understand key nursing concepts introduced related to the **care of diverse** individuals throughout the lifespan with a focus on health, wellness, and simple deviations

Nursing Judgment: Make judgments in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care and that promote the health of patients within a family and community context. (Patient-centeredness, holism)

4. Recognize with assistance the use of the nursing process and the **holistic** model in the assessment, analysis, planning, implementation, and evaluation of nursing **care** for clients.
5. Identify principles of therapeutic **communication**

Professional Identity: Implement one's role as a nurse in ways that reflect integrity, responsibility, ethical practices, and an evolving identity as a nurse committed to evidence-based practice, caring, advocacy, and safe, quality care for diverse patients within a family and community context. (Ethics, Caring, Integrity, Patient-centeredness, excellence)

6. Identify foundational principles of **professional** nursing practice to provide **safe, ethical,** culturally competent **care** to individuals across the lifespan

7. Identify technology and information systems used to provide safe, effective care maintaining confidentiality

Spirit of Inquiry: Examine the evidence that underlies clinical nursing practice to challenge the status quo, question underlying assumptions, and offer new insights to improve the quality of care for patients, families, and communities. (Excellence)

8. Explain the use of evidence based research for best practices
9. Recognize the importance of continued learning to maintain clinical excellence in the profession of nursing

Topics to be studied: Introduction of the following concepts:

- Functional Ability
- Culture
- Motivation
- Fluid and Electrolyte Balance
- Thermoregulation
- Nutrition
- Elimination
- Perfusion
- Gas Exchange
- Immunity
- Inflammation
- Infection
- Mobility
- Tissue Integrity
- Sensory Perception
- Pain and Comfort
- Rest and Sleep
- Stress
- Coping
- Cognition
- Professionalism
- Clinical Judgment
- Ethics
- Patient Education
- Health Promotion
- Communication
- Collaboration
- Safety
- Technology and Informatics
- Evidence
- Health Care quality
- Health policy
- Health Care law

Relationship of course to program outcomes:

The Course Learning Outcomes for NURS 134 are congruent with, and derived from, the four (4) core competencies designated by the Associate Degree Nursing Program: Human Flourishing, Nursing Judgment, Professional Identity, and Spirit of Inquiry. These core competencies are directly reflected in the Nursing Program Educational Outcomes.

Relationship of Course to General Education Learning Outcomes:	
Composition and Rhetoric Students illustrate a fundamental understanding of the best practices of communicating in English and meet the writing standards of their college or program-based communication requirements.	X
Science & Technology Students successfully apply systematic methods of analysis to the natural and physical world, understand scientific knowledge as empirical, and refer to data as a basis for conclusions.	X
Mathematics & Quantitative Skills Students effectively use quantitative techniques and the practical application of numerical, symbolic, or spatial concepts.	X
Society, Diversity, & Connections Students demonstrate understanding of and a logical ability to successfully analyze human behavior, societal and political organization, or communication.	X
Human Inquiry & the Past Students interpret historical events or philosophical perspectives by identifying patterns, applying analytical reasoning, employing methods of critical inquiry, or expanding problem-solving skills.	X
The Arts & Creativity Students successfully articulate and apply methods and principles of critical and creative inquiry to the production or analysis of works of art.	X
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Special projects or requirements of the course:

- Group project on health promotion and illness prevention.
- A required component for this nursing course is 6 (six) hours of health related service learning to be completed **prior to the week of finals** for this semester.
- Communication process recordings.
- Discussion Board participation
- Written assignments, including scholarly paper
- Comprehensive Standardized Final Examination with a required benchmark
- Comprehensive Skills Examination

Additional information:

- Physical examination with required immunizations or waiver as indicated
- Current Health Care Provider CPR Certification, the American Heart Association Health Care Provider (with use of AED)
- Background Check
- Randomized, mandatory drug screening without notice
- Computer and internet access is required
- Travel required to area clinical settings

- Required education as determined by the faculty and affiliate health care agencies

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