

**EDUC 306. INSTRUCTIONAL STRATEGIES IN HEALTH AND PHYS ED****Credit Hours:** 3**Scheduled hours per week**

Lecture: 3

Lab: 0

Other: 10 hr. Field Experience

**Catalog Course Description:** This course provides techniques for curriculum design, program implementation, and evaluation, plus other strategies, skills, and methods of teaching physical education and health activities to elementary and middle school children.

**Pre-requisites:** Admission to Teacher Education**Co-requisites:** 10 hrs. Field Experience**Course Learning Outcomes:**

1. Demonstrate an understanding of the essential components of a quality physical education program plus and understanding of the history, philosophy, purpose, and value of physical education. (WVPTS 1A, 2A, 3A, 4A) (InTASC 1, 2, 4, 5, 6, 7, 8, 9, 10) (ACEI 1.0, 2.6, 2.7,3.1, 3.2, 3.3, 3.4, 3.5, 4.0, 5.1, 5.2) (Praxis 5622 I. A.1, A.2, A.3, A.4, A.5, B.1, B.2, B.6, II. A.1, A.2, A.3, A.4, A.5, A.6, A.7, B.1, B.2, B.3, B.4, B.5, B.6, B.7, B.8, B.9, B.10, B.12, IV. 1, 2, 3, 4, 5, 6, 7) (ISTE 2c) (CAEP 1.1, 1.3) (Assessment: Exam)
2. Demonstrate an awareness of the developmental characteristics of elementary school children, encompassing the psychomotor, cognitive, and affective domains, as well and socio-economic and cultural characteristics. (WVPTS 1A, 2A, 3A, 4A) (InTASC 1, 2, 4, 5, 6, 7, 8, 9, 10) (ACEI 1.0, 2.6, 2.7,3.1, 3.2, 3.3, 3.4, 3.5, 4.0, 5.1, 5.2) (Praxis 5622 I. A.1, A.2, A.3, A.4, A.5, B.1, B.2, B.6, II. A.1, A.2, A.3, A.4, A.5, A.6, A.7, B.1, B.2, B.3, B.4, B.5, B.6, B.7, B.8, B.9, B.10, B.12, C.3, C.4, C.5, IV. 1, 2, 3, 4, 5, 6, 7) (ISTE 7a) (CAEP 1.1, 1.3, 2.3) (Assessment: Exam, field experience evaluation)
3. Demonstrate an understanding of the techniques needed for curriculum design, program implementation, and evaluation. (WVPTS 1A, 2A, 3A, 4A) (InTASC 1, 2, 3, 4, 5, 6, 7, 8, 9, 10) (ACEI 1.0, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.5, 4.0, 5.1, 5.2) (Praxis 5622 I. A.1, A.2, A.3, A.4, A.5, B.1, B.2, B.6, II. A.1, A.2, A.3, A.4, A.5, A.6, A.7, B.1, B.2, B.3, B.4, B.5, B.6, B.7, B.8, B.9, B.10, B.12, C.3, C.4, C.5, III. A.1, A.2, A.3, B.5) (ISTE 5a, 6a, 7a) (CAEP 1.1, 1.2, 1.3, 1.4, 2.3) (Assessment: exam, lesson plan assessment, field experience assessment)
4. Demonstrate an understanding of effective teaching strategies and motivational techniques when physical education and health. (WVPTS 2A, 3A, 4A) (InTASC 1, 2, 3, 4, 5, 6, 7, 8, 9, 10) (ACEI 1.0, 2.6, 2.7,3.1, 3.2, 3.3, 3.4, 3.5, 4.0, 5.1, 5.2) (Praxis 5622 I. A.1, A.2, A.3, A.4, A.5, B.1, B.2, B.6, II. A.1, A.2, A.3, A.4, A.5, A.6, A.7, B.1, B.2, B.3, B.4, B.5, B.6, B.7, B.8, B.9, B.10, B.12, C.3, C.4, C.5, D.1, D.2, D.3, D.4) (ISTE 5a, 6a, 7a) (CAEP 1.1, 1.3, 1.4, 1.5, 2.3) (Assessment: lesson planning assessment, field experience evaluation)
5. Show evidence of competence in understanding the various methods of teaching academic concepts and skills through the medium of physical activity. (WVPTS 2A3A, 4A) (InTASC 1, 2, 3,4, 5, 6, 7, 8, 9, 10) (ACEI 1.0, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.5, 4.0, 5.1, 5.2) (Praxis 5622 I. A.1, A.2, A.3, A.4, A.5, C.1, C.2, C.3, C.4, II. A.1, A.2, A.3, A.4, A.5, A.6, A.7, B.1, B.2, B.3, B.4, B.5, B.6, B.7, B.8, B.9, B.10, B.12, IV. 1, 2, 3, 4, 5, 6, 7) (ISTE 5a, 7a) (CAEP 1.1, 1.3, 1.4) (Assessment: lesson planning assessment, field experience evaluation)
6. Demonstrate an understanding of the importance of movement activities within the classroom. (WVPTS 2A, 3A, 4A) (InTASC 1, 2, 3, 4, 5, 6, 7, 8, 9, 10) (ACEI 1.0, 2.6, 2.7,3.1, 3.2, 3.3, 3.4, 3.5, 4.0, 5.1, 5.2) (Praxis 5622 I. A.1, A.2, A.3, A.4, A.5, C.1, C.2, C.3, C.4, B.1, B.2, B.3, B.4, B.5, B.6, B.7, B.8, B.9, B.10, B.12) (ISTE 5a) (CAEP 1.1, 1.3, 1.4) (Assessment: exam, lesson planning assessment, field experience assessment)

7. Demonstrate an understanding of the integration of college-and career-readiness standards into physical education and health. (WVPTS 1A, 2A, 3A, 4A ) (InTASC 1, 2, 4, 5, 6, 7, 8, 9, 10) (ACEI 1.0, 2.6, 2.7,3.1, 3.2, 3.3, 3.4, 3.5, 4.0, 5.1, 5.2) (Praxis 5622 I. A.1, A.2, A.3, A.4, A.5, II. C.3, C.4, C.5, IV. 1, 2, 3, 4, 5, 6, 7) (ISTE 5a) (Assessment: lesson planning assessment, field experience evaluation)
8. Demonstrate an understanding of SHAPE and WV physical education content standards. (WVPTS 1A, 2A, 3A, 4A ) (InTASC 1, 2, 4, 5, 6, 7, 8, 9, 10) (ACEI 1.0, 2.6, 2.7,3.1, 3.2, 3.3, 3.4, 3.5, 4.0, 5.1, 5.2) (Praxis 5622 I. A.1, A.2, A.3, A.4, A.5, IV. 1, 2, 3, 4, 5, 6, 7) (ISTE 5a) (CAEP 1.1, 1.3) (Assessment: lesson planning assessment, field experience evaluation)
9. Demonstrate an understanding of the components of an Active and Healthy Schools, encompassing not only the teacher involvement but also the parental and community involvement. (WVPTS 1A, 2A,3A, 4A ) (InTASC 1, 2, 4, 5, 6, 7, 8, 9, 10) (ACEI 1.0, 2.6, 2.7,3.1, 3.2, 3.3, 3.4, 3.5, 4.0, 5.1, 5.2) (Praxis 5622 I. A.1, A.2, A.3, A.4, A.5, B.1, B.2, B.6, II. A.1, A.2, A.3, A.4, A.5, A.6, A.7, D.1, D.2, D.3, D.4; IV. 1, 2, 3, 4, 5, 6, 7) (ISTE 1a, 1b, 1c, 2a, 2b, 2c, 4d, 5a) (CAEP 1.1, 1.3) (Assessment: exam)

**Topics to be studied:**

1. The meaning and purpose of physical education
2. The elements of movement
3. The process of curriculum design, implementation and evaluation
4. Teaching strategies and motivational techniques
5. Classroom management
6. Facilities and equipment
7. Legal, liability, supervision and safety
8. Human wellness, the functions and structure of the body
9. Assessing and improving physical fitness
10. Modifying activities for inclusion
11. Children with disabilities
12. Integrating physical education and health with college-and career-readiness standards
13. Interdisciplinary instruction
14. Movement activities for the academic classroom

**Relationship of Course to Program or Discipline Learning Outcomes:**

Education 306 incorporates all facets of the philosophical framework of Architects of the Future. Planning, Teaching Skills, and Decision Making Skills are all integral parts of the teaching process. Students in the course will plan and demonstrate activities, lessons, and a unit plan in the course. Interpersonal Skills relate to working together on class activities. Diversity is added in this course by studying the needs of various students.

<b>This course meets the following General Education Outcome(s):</b>	
<b>Composition and Rhetoric</b> Students illustrate a fundamental understanding of the best practices of communicating in English and meet the writing standards of their college or program-based communication requirements.	X
<b>Science &amp; Technology</b> Students successfully apply systematic methods of analysis to the natural and physical world, understand scientific knowledge as empirical, and refer to data as a basis for conclusions.	
<b>Mathematics &amp; Quantitative Skills</b> Students effectively use quantitative techniques and the practical application of numerical, symbolic, or spatial concepts.	X
<b>Society, Diversity, &amp; Connections</b> Students demonstrate understanding of and a logical ability to successfully analyze human behavior, societal and political organization, or communication.	X

<p><b>Human Inquiry &amp; the Past</b>                  Students interpret historical events or philosophical perspectives by identifying patterns, applying analytical reasoning, employing methods of critical inquiry, or expanding problem-solving skills.</p>	X
<p><b>The Arts &amp; Creativity</b>                  Students successfully articulate and apply methods and principles of critical and creative inquiry to the production or analysis of works of art.</p>	X
<p><b>5/3/2016</b></p>	

**Special requirements of the course:**

1. Complete a 10-hour field placement placement.
2. Developing an activity resource file.
3. Develop a personal fitness plan.
4. Develop a teacher resource kit.
5. An activities lab (developing a lesson plan and teaching classroom based, health, fitness, nutrition, sun safety, basic skills, large area and multicultural activities).
6. Have a current LiveText (or affiliate)Subscription and use BlackBoard for course requirements
7. Submit Background check.
8. Submit school based educator evaluation of field experience placement.
9. Submit field experience paperwork.
10. The Planning Assessment rubrics will be completed by the instructor based on a collection of one lesson plan covering physical education and one lesson plan covering health.

**Additional information:**

N/A

**Prepared by:** Updated by Bobbi Marshall and Missy Spivy

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