

College 101

**Credit Hours:** #1

**Catalog Course Description:** An entry level course for student entering college for the first time. This course will acquaint students with college resources, the skills necessary to be successful students and provide strategies for completing their educational goals.

**Prerequisites or Co-requisites for course:** Required first semester of college enrollment

**Required Course Requirements:** computer, access to internet, required text, use of Blackboard LMS

**Topics to be studied**

- Campus connection/support/financial planning
- Personal development/life plan
- Interpersonal skills/technology and social media
- Emotional intelligence/sense of community
- Academic skills/learning strategies

**Course Student Learning Outcomes:**

- Navigating the system
- Understanding of college policies/procedures
- Utilizing the college catalogue
- Increasing your knowledge of campus resources
- Understanding curricular requirements
- Articulating the relationship between general education and career specific courses
- Academic Focus:
  - Understanding classroom expectations
  - Identifying strategies for lecture comprehension and note taking
  - Identifying study skills and test taking strategies
  - Identifying memory/concentration improvement strategies
  - Identifying and adapting learning styles
- Transition to College:
  - Establishing realistic academic expectations
  - Clarifying your expectations and responsibilities with respect to the college experience
- Applying strategies for improving time management and organization
- Identifying sources of stress and effective coping strategies
- Examining the student/teacher relationship

**SLO Assessment Methods:** Students will be assessed based on written assignments/exercises.

**Program Learning Outcomes:** This class contributes to overall educational completion and is applicable to creating strategies for personal success in any program.

**PLO Assessment Methods:** Understanding of course and program requirements, demonstration of skills necessary to succeed in college.

**General Education Competencies met in this Course:**

<b><i>Competency</i></b>	<b><i>Met in this course</i></b>
Communication	X
Higher Order Thinking Skills	X
Historical and Diverse Perspectives	X
Scientific Inquiry	
Aesthetic Awareness	X