**West Virginia University at Parkersburg**

**SNAP-Ed Mini-Grant**

2018 – 2019

All 50 States, the District of Columbia, the Virgin Islands, and Guam provide nutrition education and obesity prevention programs for SNAP recipients and other eligible low-income individuals. The goal of the education component of SNAP, commonly known as SNAP-Ed, is to improve the likelihood that persons eligible for SNAP will make healthy food choices within a limited budget and choose physically active lifestyles consistent with the current *Dietary Guidelines for Americans* and MyPlate.

The Healthy, Hunger-Free Kids Act of 2010 (Public Law 111-296, section 241) established SNAP-Ed as the national Nutrition Education and Obesity Prevention Grant Program. The Act calls for SNAP-Ed to include an emphasis on obesity prevention in addition to nutrition education.

Please use the form (next page) to complete the plan your school has made to use the mini-grant awarded through the Snap-Ed Grant. The funds associated with this mini-grant should reflect the guiding principles of the SNAP-Ed Grant which include:

1. Follow a healthy eating pattern across the lifespan at an appropriate calorie level to help achieve and maintain a healthy body weight, support nutrient adequacy, and reduce the risk of chronic disease.
2. Shift to a healthier food and beverage choices, which includes a mix of vegetables, fruits, grains, fat-free or low-fat dairy, a variety of protein foods, and healthy oils.
3. Limit added sugars as well as saturated and *trans* fats and reduce sodium intake.
4. Meet the *Physical Activity Guidelines for American Youth* which include at least 60 minutes of physical activity per day, including aerobic, muscle-strengthening, and bone-strengthening activities for children aged 3 to 17.

Please complete the proposal form and the invoice on the following pages and return them to Mr. Greg Boso at greg.boso@wvup.edu, Dr. Cheryl Mader at cmader@wvup.edu, or Mrs. Stevie Slone at stevie.slone@wvup.edu, co-directors of the SNAP-Ed Grant at WVUP. If you have questions you can e-mail or phone any of the co-directors. Phone numbers: Mr. Boso at 488-1076, Dr. Mader at 424-8301, or Mrs. Slone at 424-8435.

The completed proposal form will be reviewed by Mr. Boso and/or Dr. Mader and/or Mrs. Slone to determine whether the proposal reflects the guiding principles of the SNAP-Ed Grant. You will be sent a notice if/when the request has been approved. There are two options for purchasing:

1. Once the proposal has been approved, the school can complete a purchase order (P.O.), pay for the requested items, and send the invoice to: The SNAP-Ed Grant at WVUP, ATTN: Brad Wilson for reimbursement. This is the preferred method for accountability and auditing purposes.

**OR**

1. Once the proposal has been approved, the school can complete a purchase order (P.O.) and send it to your **county** purchasing department. The purchasing department can then bill: The SNAP-Ed Grant at WVUP, ATTN: Brad Wilson.

Thank you for your interest in ensuring that the SNAP eligible children in our area will make healthy food choices and choose physically active lifestyles.

References

Physical Activity Guidelines for Americans Midcourse Report Subcommittee of the President’s Council on Fitness, Sports & Nutrition. Physical Activity Guidelines for Americans Midcourse Report: Strategies to Increase Physical Activity among Youth. Washington, DC: U.S. Department of Health and Human Services, 2012.

Supplemental Nutrition Assistance Program Education (SNAP-Ed) Factsheet (2016). Retrieved from <https://snaped.fns.usda.gov/snap/SNAP-Ed%20Factsheet%20_August%202016.pdf>

**West Virginia University at Parkersburg**

**SNAP-Ed Mini-Grant Proposal Form**

2018 – 2019

|  |  |
| --- | --- |
| **School Name:** |  |
| **School Address:** |  |
|  |  |
| **School Phone:** |  |
| **Administrator/Teacher Requesting Funds:** |  |
| **Email Address of Person Requesting Funds:**  |  |
| **Grade:** |  |
| **Total Amount Requested:** |  |
|  |  |
| **SNAP-Ed Connection**: Please indicate the connection to the guiding principles of SNAP-Ed, either nutrition education or physical activity (see page one). |
|  |
| **How will your school use the funds awarded in the mini-grant?** Please include a listing and brief description of the project, activities, events, materials, and/or resources to be purchased. |
|  |
| Provide the cost of each item listed above and where each item can be purchased (i.e. Home Depot, portable greenhouse, Model# 701808, $296.63 OR [www.johnnyseeds.com](http://www.johnnyseeds.com), Compact Seedling Light Cart, item number 7297, $614). Complete the invoice form as well. |
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| **How many children will the mini-grant impact in your school? How will the impact be measured?** |
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| **How many teachers will this mini-grant impact in your school? How will the impact be measured?** |
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| **If teacher candidates are placed in your school, how will they be impacted by this project?** |
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 **Approval(s):**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
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| Mr. Greg Boso |  | Date |  | Dr. Cheryl Mader |  | Date |  | Mrs. Stevie Slone |  |

SNAP Ed

Mini Grant

Invoice

|  |  |  |
| --- | --- | --- |
| School Name: |  | **INVOICE** |
| Principal: |  | INVOICE # **WVSNAP** (DO NOT CHANGE) |
| School Address: |  |
|  |  | DATE: |  |
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|  |
| **SEND TO:**Bradley WilsonWVU Parkersburg300 Campus DriveParkersburg, WV 26104 | FOR: Mini Grant  (DO NOT CHANGE) |

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|  |  |
| Description: | Amount  |
| Mini Grant Award (DO NOT CHANGE) |   |
| WVUP SNAP-Ed Grant FY18-19 (DO NOT CHANGE) |  |
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